

Spring 5-1-2016

The Efficacy of Zinc and Manganese in Controlling Methicillin-Resistant *Staphylococcus aureus* Wound Infections in vitro

Patrick B. Lau

University of Connecticut - Storrs, patrick.lau@uconn.edu

Follow this and additional works at: https://opencommons.uconn.edu/srhonors_theses



Part of the [Pathogenic Microbiology Commons](#)

Recommended Citation

Lau, Patrick B., "The Efficacy of Zinc and Manganese in Controlling Methicillin-Resistant *Staphylococcus aureus* Wound Infections in vitro" (2016). *Honors Scholar Theses*. 748.

https://opencommons.uconn.edu/srhonors_theses/748

1 **The Efficacy of Zinc and Manganese in Controlling Methicillin-**
2 **Resistant *Staphylococcus aureus* Wound Infections *in vitro***

3
4
5
6
7
8 Patrick Lau

9
10 Honors Thesis in Molecular and Cell Biology

11
12 University of Connecticut

13
14 2016

15
16
17
18
19 Honors Thesis Advisor and Principal Investigator:

20
21 Dr. Kumar Venkitanarayanan

22
23 Professor, Department of Animal Science

24
25 College of Agriculture and Natural Resources

26
27
28
29 Honors Advisor:

30
31 Dr. Adam Zweifach

32
33 Associate Professor, Department of Molecular & Cell Biology

34
35 College of Liberal Arts & Sciences

Acknowledgements

40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72

My undergraduate years have been greatly enriched with my experiences in lab. I have gained a greater appreciation of the research process and I am grateful to have met an amazing cohort of people along the way. I would first like to thank Dr. Kumar Venkitanarayanan for allowing me to study in his laboratory and providing me guidance every step of the way. Next, I would like to thank Meera Nair for her unrelenting support and guidance of my day-to-day activities. Thank you for your willingness to help, countless hours spent with me, and always pushing me to reach higher. Thank you to Dr. Adam Zweifach for his support and his accommodations for my research in the Animal Science Department. I also want to thank the rest of the Venkitanarayanan lab, my professors, and friends for your support. Finally, I want to thank my family especially my parents for giving me the opportunity to achieve anything.

73	Table of Contents	
74	Chapter I: Introduction.....	4
75		
76		
77	Chapter II: Literature Review.....	7
78		
79	History.....	8
80	Biology.....	8
81	Prevalence and Transmission.....	9
82	Clinical Presentation and Wound Infections.....	9
83	Antibiotic Resistance and Virulence Factors.....	10
84	Biofilm Formation in Wound Infections.....	11
85	Natural Antimicrobials.....	12
86	Zinc and Manganese.....	13
87	Summary.....	14
88	References.....	15
89		
90	Chapter III: Efficacy of Zn and Mn in Controlling Methicillin-Resistant	
91	Staphylococcus aureus Wound Infections <i>in vitro</i>	19
92		
93	Abstract.....	20
94	Introduction.....	21
95	Materials and Methods.....	23
96	Results	26
97	Conclusion.....	28
98	References.....	29
99	Figures.....	32
100		
101		
102		
103		
104		
105		
106		
107		
108		

109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126

127

128

129

130

131

132

133

134

135

Chapter I: Introduction

136 **Introduction**

137 Methicillin-resistant *Staphylococcus aureus* (MRSA) is a common nosocomial and
138 community acquired bacterium resistant to beta-lactam antibiotics such as penicillin and
139 its derivatives. *Staphylococcus aureus* infections were successfully treated with penicillin
140 until the emergence of antibiotic resistant strains of the bacterium in the late 1940s. The
141 symptoms of MRSA are similar to *S. aureus* infections, including various skin infections,
142 toxic shock syndrome, and necrotizing pneumonia. The majority of MRSA infections start
143 in wounds and other breaches to the integrity of the skin usually caused by trauma, surgery,
144 or medical devices. An average of two in one hundred people are carriers of MRSA, and it
145 is a leading cause of hospital-acquired infections. MRSA derives its resistance by
146 producing a penicillin-binding protein (PBP2a) that binds with a lower affinity to beta-
147 lactam antibiotics. In addition, there are a variety of other proteins and genetic elements
148 that increase the pathogen's resistance to commonly used antibiotics. The ability of MRSA
149 to form a biofilm is a concern further enhancing resistance. Because of the difficulty in
150 treating MRSA, alternative methods are important in combating this pathogen.
151 Historically, metals have been used for thousands of years in medicine. It is known that
152 copper and silver possess antimicrobial properties, however there is less knowledge on the
153 antimicrobial effects of zinc and manganese. This project investigates the efficacy of
154 natural dietary minerals, namely zinc (Zn) and manganese (Mn) in treating wound
155 infections of MRSA *in vitro*.

156 Experiments were conducted to establish the sub inhibitory concentration (SIC) and
157 minimum inhibitory concentration (MIC) of Zn and Mn on three strains of MRSA. In
158 addition, the effect of Zn and Mn on increasing MRSA sensitivity to oxacillin was

159 determined. Finally, the effect of Zn and Mn on MRSA adhesion and invasion on human
160 keratinocytes was studied *in vitro*. Future applications of this study include the use of Zn
161 and Mn in treating wound infections of MRSA with or without antibiotics. This study is
162 expected to contribute to the development of a topical ointment, gel, or patch that could
163 potentially be used for treating and controlling wounds infected with MRSA.

164

165

166

167

168

169

170

171

172

173

174

175

176

177

178

179

180

181

182

183

184

185

186

187

Chapter II: Literature Review

188

189

190

191

192

193

194

195

196

197

198 **History**

199 *Staphylococcus aureus*, first discovered in the 1880s, was a significant nosocomial
200 and community pathogen that led to fatal infections (23). The introduction of penicillin in
201 the 1940s lead to successful treatment and control of the pathogen (20). However, by the
202 late 1940s *S. aureus* strains resistant to penicillin emerged (20). Subsequently, methicillin
203 with beta-lactamase-resistant properties was introduced in 1959 (17), however, *S. aureus*
204 developed resistance to methicillin with the first case of Methicillin Resistant
205 *Staphylococcus Aureus* (MRSA) reported in the United States in 1968 (20). Vancomycin
206 is the current antibiotic of choice used to treat MRSA infections, however there are growing
207 concerns of Vancomycin Resistant *Staphylococcus aureus* (17).

208

209 **Biology**

210 MRSA are gram-positive cocci, catalase positive, non-motile, non-spore forming,
211 salt tolerant facultative anaerobes (10). MRSA viewed under scanning electron
212 microscopy appears as characteristic grape-like clusters. MRSA is a misnomer as strains
213 of MRSA are resistant to several beta lactam antibiotics, including penicillin, amoxicillin,
214 oxacillin, methicillin, cephalosporin, and carbapenem (15). MRSA can be tested through
215 broth microdilution testing, cefoxitin disk screen test, latex agglutination test for PBP2a,
216 or plating with oxacillin (15). Warren et al. (30) reported that PCR detection for the *mecA*
217 gene had a 91.7% sensitivity compared to traditional culture methods and took significantly
218 less time for confirmation of MRSA.

219

220

221 **Prevalence and Transmission**

222 *S. aureus* is commonly found on skin surfaces, including the respiratory tract and
223 nasal passageway. The pathogen has the ability to form biofilms, which presents a
224 significant issue during cleaning of healthcare settings. The epidemiology of MRSA is
225 commonly split into healthcare-associated MRSA (HA-MRSA) and community-associated
226 MRSA (CA-MRSA). HA-MRSA is defined as MRSA infections that occur following
227 healthcare setting stays or within a 12-month timeframe of a medical procedure. In HA-
228 MRSA, transmission is common via contaminated hands and hospital surfaces. In a study
229 at Grady Memorial Hospital in Atlanta Georgia, researchers found that 7.3% of patients
230 had nares culture positive for MRSA (14). In addition, the National Nosocomial Infections
231 Surveillance System over a period of 12 years reported a MRSA prevalence of 60% in the
232 intensive care unit (2). It is also known that MRSA is the leading cause of surgical site
233 infections in community hospitals (2).

234

235 **Clinical Presentation and Wound Infections**

236 Symptoms of MRSA are similar to *S. aureus* infections, including various skin
237 infections such as folliculitis, cellulitis, impetigo, abscess, and boils (2). The majority of
238 MRSA infections start in wounds and other breaches to the integrity of the skin usually
239 caused by trauma, surgery, or medical devices. Normally, *S. aureus* are found in one-third
240 of the population posing no health risk to healthy individuals even if small wounds or cuts
241 get infected (9). However, MRSA infections of wounds can lead to more serious health
242 implications, including necrotizing fasciitis, necrotizing pneumonia, and infective
243 endocarditis (2). The treatment for wounds infected with MRSA is on a case-by-case basis

244 based on a variety of factors, including the level of intrusion into soft tissue. Treatment
245 typically involves a combination of incision, drainage and prescription of an antibiotic. The
246 antibiotics of choice include vancomycin, clindamycin, trimethoprim-sulfamethoxazole,
247 tetracyclines, and oxazolidinones (17). However according to Daum et al. (7), the data
248 comparing the effectiveness of antimicrobial agents against MRSA is lacking. Specialized
249 treatments against MRSA include hyperbaric oxygen therapy where increased oxygen
250 levels help promote tissue healing.

251

252 **Antibiotic Resistance and Virulence**

253 *Staphylococcus aureus* strains are considered methicillin resistant if they contain
254 the *mec* gene and have an oxacillin MIC ≥ 4 $\mu\text{g/mL}$ (17). MRSA have the mobile genetic
255 element, staphylococcal cassette chromosome, that at minimum contains the *mec* gene
256 (21). Resistance occurs when a penicillin-binding protein (PBP2a) encoded on the *mec*
257 gene binds with a lower affinity to beta-lactam antibiotics allowing transpeptidase
258 activity to continue as normal for cell wall assembly (15). In addition, two regulatory
259 components, namely *mecRI-mecI* and beta-lactamase genes (*blaI*, *blaRI*, and *blaZ*) act as
260 negative regulators of *mecA* transcription leading to varied resistance levels (17).

261 Auxiliary genes like *fem* affect the level of resistance by building pentaglycine cross-
262 bridges that link glycan chains enhancing the PBP2a protein (28). Salt concentration, pH,
263 temperature, and osmolarity can affect resistance levels (28).

264 MRSA possesses many virulence factors that enhance its ability to colonize and
265 proliferate in host cells. Notably, Pantone-Valentine leukocidin (PVL) is a cytotoxin that
266 causes cell destruction and tissue death (17). In a study conducted in a Veterans Medical

267 Center, researchers found that 60% of all MRSA isolates contained the genes for the PVL
268 toxin (12). Other virulence factors include alpha-hemolysin toxin, phenol soluble
269 modulins, and arginine catabolic mobile element (17).

270

271 **Biofilm Formation in Wound Infections**

272 MRSA has the ability to form biofilms that increase its resistance to antibiotics, the
273 ability to evade host immune response, and causes prolonged healing times. Biofilms form
274 when bacteria adhere to a surface and embed themselves in a matrix of extracellular
275 polymeric substances (EPS). The sequence of biofilm development consists of attachment
276 to a surface, EPS production and growth of microbes, and finally maturation and
277 dissemination (24). The development of biofilms includes quorum sensing between
278 microorganisms and water channels that serve for delivery of nutrients and excretion of
279 wastes (24). The ability to form biofilms is a major factor that increases the virulence of
280 MRSA, especially in wound infections and its persistence on medical devices.

281 The molecular mechanism of biofilm formation of MRSA is not fully understood.
282 In one study, 48 genes were found to be induced and 84 genes repressed during biofilm
283 formation compared to planktonic conditions indicating that biofilm formation requires an
284 adaptive response (6). Atshan et al. (5) using qPCR demonstrated the role of genes
285 encoding fibronectin binding protein A and B, clumping factor B, elastin binding proteins,
286 and intracellular adhesion protein C during specific stages of biofilm formation. The study
287 showed that biofilm formation is a complex interplay of activation of different genes in a
288 temporal organization. In another study, Ando et al. (3) observed that MRSA isolates from
289 patients with urinary tract infections from inserted catheters expressed higher *hla*, *hly*, and

290 *fnbA* gene products compared to catheter-unrelated cases. Roche et al. (27) created a
291 murine wound biofilm model to test the efficacy of antimicrobial agents on biofilms, and
292 found that the antimicrobial agents had reduced effectiveness 24 hours after *S. aureus*
293 inoculation compared to 4 hours after inoculation.

294

295 **Natural Antimicrobials**

296 Emerging antibiotic resistance in pathogens is a significant and growing public
297 health issue that directly impacts patient care. It is estimated that 63,000 patients in the
298 United States die from hospital-acquired bacterial infections per year (1). The need for
299 novel treatments is critical to control antibiotic resistant bacteria. A majority of the
300 antimicrobials used in the clinical settings are derived from the golden era of antibiotic
301 discovery from limited ecological niches and taxonomic groups. To increase diversity of
302 compounds, research needs to be conducted for identifying potential antimicrobials from
303 marine environments, plants, and fungi. This research focuses on the potential therapeutic
304 application of two natural essential minerals, namely Zn and Mn in wounds infected with
305 MRSA. Traditionally transition metals have been used for thousands of years in medicine.
306 Egyptians used copper as an astringent, silver was used to prevent infection of surgical
307 wounds, and mercury salts were used to treat diseases such as leprosy and tuberculosis
308 (16). Silver is a well-known transition metal that has gained traction as an antimicrobial
309 agent in the healthcare field for coating coat surgical tools, catheters, and furniture among
310 other fomites. The proposed mechanism is that silver disrupts chemical bonds in bacteria
311 cells leading to cell death (28). Commercial products like Silvazine showed zones of
312 inhibition against all 200 tested *S. aureus*, *staphylococci* and *pseudomonas aeruginosa*

313 isolates (11). In addition, Lemire et al. (16) described the various antimicrobial
314 mechanisms of metals, including generating reactive oxygen species, antioxidant
315 depletion, disrupted membranes, and genotoxicity. This research will determine the
316 antimicrobial efficacy of Zn and Mn for potential application in treating wounds infected
317 with MRSA.

318

319 **Zinc and Manganese**

320 Both Zn and Mn are naturally occurring essential microelements recommended for
321 daily intake by the United States Food and Drug Administration. These minerals are
322 present in a wide range of foods in addition to being used as dietary supplements. Zn is an
323 essential mineral involved in the catalytic activity of about 100 enzymes besides playing
324 roles in immune function, protein synthesis, DNA synthesis and cell division (21). The
325 recommended dietary allowance for Zn for an average adult is between 8 mg for females
326 and 11mg for males (21). Zn is known to exert antimicrobial properties against *S. aureus*,
327 *S. epidermis*, and *P. aeruginosa* (4). Xie et al. (31) showed that zinc oxide had bactericidal
328 effects on *Campylobacter jejuni*. McDevitt et al. (19) reported that a high Zn to Mn ratio
329 caused increased sensitivity of *Streptococcus pneumoniae* to oxidative stress and
330 polymorphonuclear leucocyte killing. Zn complexes utilized as antimicrobial wound
331 dressings showed partial killing of *S. aureus* (25). Similarly, Mn is an essential trace
332 mineral that plays a role in the development of connective tissue and hormones, and is
333 necessary for fat and carbohydrate metabolism, blood sugar regulation, nerve function, and
334 antioxidant production (18). The recommended daily dietary allowance of Mn is 1.8 mg in
335 females and 2.3 mg in males. Compared to silver and Zn, Mn is not as well studied with

336 regards to its antimicrobial properties. Rahman et al. (26) found that the concomitant use
337 of Mn salt with a variety of antibiotics increased the activity of the antibiotic. However,
338 the majority of the literature on Mn is based on its use in metal complexes. To date there
339 is no research on Mn for controlling wound infections.

340

341 **Summary**

342 The objective of this study was to investigate the antimicrobial properties of Zn and
343 Mn on MRSA for future applications in wound infection treatments. The specific
344 objectives included determining:

345

- 346 1. The sub inhibitory concentration (SIC) and minimum inhibitory concentration
347 (MIC) of Zn and Mn on three strains of MRSA.
- 348 2. The effect of SIC and MIC of Zn and Mn on increasing MRSA sensitivity to
349 oxacillin.
- 350 3. The effect of Zn and Mn on MRSA adhesion to and invasion of human
351 keratinocytes.

352

353

354

355

356

357

358

359

360

361

362

363

References

364

365

- 366 1. Aminov, Rustam I. (2010). "A Brief History of the Antibiotic Era: Lessons Learned
367 and Challenges for the Future." *Frontiers in Microbiology*.
- 368 2. Anderson, Deverick. (2016) "Methicillin-resistant Staphylococcus Aureus (MRSA) in
369 Adults: Epidemiology." Ed. Daniel Sexton. *UpToDate*. Waltham, MA: UpToDate.
- 370 3. Ando, Eiichi, and Ritsuko Mitsuhashi. (2004). "Biofilm Formation among Methicillin-
371 Resistant Staphylococcus Aureus Isolates from Patients with Urinary Tract
372 Infections." *Acta Medica* 58.4.
- 373 4. Atmaca, Selahattin A, Kadri Gul, and Ramazan Cicek. (1998). "The Effect of Zinc on
374 Microbial Growth." *Journal of Medical Sciences* 28: 595-97.
- 375 5. Atshan, Salman, Mariana Shamsudin, and Arunkumar Karunanidhi. (2013).
376 "Quantitative PCR Analysis of Genes Expressed during Biofilm Development of
377 Methicillin Resistant Staphylococcus Aureus (MRSA)." *Infection, Genetics and
378 Evolution. Elsevier*.
- 379 6. Beenken, K. E., P. M. Dunman, F. Mcleese, D. Macapagal, E. Murphy, S. J. Projan, J.
380 S. Blevins, and M. S. Smeltzer. (2004). "Global Gene Expression in Staphylococcus
381 Aureus Biofilms." *Journal of Bacteriology* 186.14: 4665-684.
- 382 7. Daum, Robert. (2007). "Skin and Soft-Tissue Infections Caused by Methicillin-
383 Resistant Staphylococcus Aureus." *New England Journal of Medicine* 357.13 (2007):
384 1357.
- 385 8. Deresinski, S. (2005) "Methicillin-Resistant Staphylococcus Aureus: An Evolutionary,
386 Epidemiologic, and Therapeutic Odyssey." *Clinical Infectious Diseases* 40.4: 562-73.
- 387 9. "Diseases and Conditions: MRSA Infections." (2015). *Mayo Clinic*.
- 388 10. Foster, Timothy. "Staphylococcus." (2006). *Medical Microbiology*. 4th ed. U of
389 Texas Branch at Galveston.

- 390 11. George, N., J. Faoagali, and M. Muller. (1997). "Silvazine™ (silver Sulfadiazine and
391 Chlorhexidine) Activity against 200 Clinical Isolates." *Burns* 23.6: 493-95.
- 392 12. Gonzalez, Rueda. (2006). "Community-associated Strains of Methicillin-resistant
393 Staphylococcus Aureus as the Cause of Healthcare-associated Infection." *Infection
394 Control & Hospital Epidemiology* 27.10: *Pubmed*.
- 395 13. Harris, Anthony. (2016). "Patient Information: Methicillin-resistant Staphylococcus
396 Aureus (MRSA)." *UpToDate*. Ed. Daniel Sexton. Waltham, MA. Print.
- 397 14. Hidron, Alicia I., Ekaterina V. Kourbatova, J. Sue Halvosa, Bianca J. Terrell, Linda
398 K. Mcdougal, Fred C. Tenover, Henry M. Blumberg, and Mark D. King. (2005). "Risk
399 Factors for Colonization with Methicillin-Resistant Staphylococcus Aureus (MRSA) in
400 Patients Admitted to an Urban Hospital: Emergence of Community-Associated MRSA
401 Nasal Carriage." *Clinical Infectious Diseases* 41.2: 159-66.
- 402 15. "Laboratory Testing for MRSA." (2013). *Centers for Disease Control and
403 Prevention*.
- 404 16. Lemire, Joseph A., Joe J. Harrison, and Raymond J. Turner. "Antimicrobial Activity
405 of Metals: Mechanisms, Molecular Targets and Applications." *Nature Reviews
406 Microbiology* 11.6: 371-84.
- 407 17. Lowry, Franlink, and Elinor Baron. (2016). "Methicillin-resistant Staphylococcus
408 Aureus (MRSA): Microbiology." *UpToDate*. Ed. Daniel Sexton. Waltham, MA:
409 UpToDate.
- 410 18. Manezes, Filho. (2013). "Manganese." *University of Maryland Medical Center*.
- 411 19. Mcdevitt, Christopher A., Abiodun D. Ogunniyi, Eugene Valkov, Michael C.
412 Lawrence, Bostjan Kobe, Alastair G. Mcewan, and James C. Paton. (2011). "A Molecular
413 Mechanism for Bacterial Susceptibility to Zinc." *PLoS Pathogens* 7.11.
- 414 20. "Methicillin-Resistant Staphylococcus Aureus (MRSA)." (2016). *History,
415 Methicillin-Resistant Staphylococcus Aureus, Antimicrobial Resistance*. National Institute
416 of Allergy and Infectious Disease.

- 417 21. "Office of Dietary Supplements - Zinc." (2015). Zinc — Health Professional Fact
418 Sheet. National Institute of Health.
- 419 22. Otto, Michael. (2012). "MRSA Virulence and Spread." *Cell Microbiol Cellular*
420 *Microbiology* 14.10: 1513-521.
- 421 23. Palavecino, Elizabeth. (2007). *Methicillin-Resistant Staphylococcus Aureus (MRSA)*
422 *Protocols*. Ed. Yinduo Ji. Totowa, New Jersey: Humana.
- 423 24. Percival, Steven L., Sara M. Mccarty, and Benjamin Lipsky. (2015). "Biofilms and
424 Wounds: An Overview of the Evidence." *Advances in Wound Care* 4.7: 373-81.
- 425 25. Poulter, Neil, Matthew Donaldson, Geraldine Mulley, Luis Duque, Nicholas
426 Waterfield, Alex G. Shard, Steve Spencer, A. Tobias A. Jenkins, and Andrew L. Johnson.
427 (2011). "Plasma Deposited Metal Schiff-base Compounds as Antimicrobials." *New J.*
428 *Chem. New Journal of Chemistry* 35.7: 1477.
- 429 26. Rahman, S., Pinky Karim, and Abu Asad Chowdry. (2005). "Effect of Manganese on
430 the Activity of Antibiotic Against Microorganisms." *Dhaka University Journal of*
431 *Pharmaceutical Sciences*.
- 432 27. Roche, E. D., P. J. Renick, S. P. Tetens, and D. L. Carson. (2012). "A Model for
433 Evaluating Topical Antimicrobial Efficacy against Methicillin-Resistant Staphylococcus
434 Aureus Biofilms in Superficial Murine Wounds." *Antimicrobial Agents and*
435 *Chemotherapy* 56.8: 4508-510.
- 436 28. "Silver as an Anti-Bacterial." (2016). *Silver Institute*. JFCD.
- 437 29. Stapleton, Paul, and Peter Taylor. (2002). "Methicillin Resistance in Staphylococcus
438 Aureus." *Europe PMC Funders Gorup: PubMed*.
- 439 30. Warren, D. K., R. S. Liao, L. R. Merz, M. Eveland, and W. M. Dunne. (2004).
440 "Detection of Methicillin-Resistant Staphylococcus Aureus Directly from Nasal Swab
441 Specimens by a Real-Time PCR Assay." *Journal of Clinical Microbiology* 42.12: 5578-
442 581.

443 31. Xie, Y., Y. He, P. L. Irwin, T. Jin, and X. Shi. (2011). "Antibacterial Activity and
444 Mechanism of Action of Zinc Oxide Nanoparticles against *Campylobacter*
445 *Jejuni*." *Applied and Environmental Microbiology* 77.7: 2325-331.

446

447

448

449

450
451
452
453
454
455
456
457
458
459
460
461
462
463
464
465
466
467
468
469
470
471
472
473
474
475
476
477
478
479
480
481
482
483
484
485
486
487

**Chapter III: Efficacy of Zn and Mn in Controlling
Methicillin-Resistant *Staphylococcus aureus* Wound
Infections *in vitro***

488 **ABSTRACT**

489

490

491

492

493

494

495

496

497

498

499

500

501

502

503

504

505

506

The emergence of Methicillin-Resistant *Stapylococcus aureus* has triggered an increased interest in finding alternative natural antimicrobials to control the pathogen and combat growing antibiotic resistance. This study investigated the antimicrobial effect of two naturally occurring essential minerals, zinc (Zn) and manganese (Mn) on MRSA for potential application in wound infections. The sub inhibitory concentration (SIC) and minimum inhibitory concentration (MIC) of Zn and Mn against MRSA were determined. The effect of MIC and 2x MIC of Zn and Mn in increasing MRSA susceptibility to oxacillin, and the effect of SIC and MIC of these minerals on MRSA cell adherence and invasion of human keratinocytes were investigated. The SIC and MIC of Zn and Mn against MRSA were 0.4 mM and 2.5 mM, and 1.6 mM 4.7 mM, respectively. Both metals in combination with oxacillin were more effective in reducing MRSA than oxacillin alone. In addition, both Zn and Mn significantly reduced MRSA adhesion and invasion of human skin cells. Results indicate that the aforementioned antimicrobials can be potentially used to control MRSA wound infections, however further studies are warranted.

507 **INTRODUCTION**

508 Methicillin-resistant *Staphylococcus aureus* (MRSA) is a nosocomial and
509 community acquired pathogen, which is one of the common causes of bacterial infection
510 in humans (2). According to the Emerging Infections Program and National Healthcare
511 Safety Network, it is estimated that a total of 75,000 MRSA infections occur every year
512 (15). In addition, two in 100 people are carriers of MRSA (15). An estimated 63,000
513 patients in the United States die each year from hospital-acquired bacterial infections (1).
514 The symptoms of MRSA are similar to other *S. aureus* infections, which include
515 impetigo, folliculitis, abscesses, pneumonia, endocarditis, and sepsis (21). MRSA
516 infections are attributed to increased mortality rates and hospital costs contributing to a
517 total estimate of \$1.87 billion in additional costs of treating hospital-acquired infections
518 (6). MRSA is a misnomer as strains of MRSA are resistant to a number of beta lactam
519 antibiotics, including penicillin, amoxicillin, oxacillin, methicillin, cephalosporin, and
520 carbapenem (3).

521 The majority of MRSA infections start in wounds and other breaches to the
522 integrity of the skin usually caused by trauma, surgery, or medical devices. Approaches
523 to treatment of skin and soft tissue infections include a combination of incision, drainage
524 and antimicrobial therapy (12). Vancomycin is the antibiotic of choice against MRSA
525 although there are growing concerns of vancomycin resistance (22). Changes in MRSA
526 vancomycin susceptibility have been associated with increasing minimum inhibitory
527 concentrations, increasing frequency of hetero-resistant vancomycin-intermediate *S.*
528 *aureus* and adverse clinical outcomes (21). Alternatives to vancomycin include,
529 clindamycin, tetracyclines, tigecycline, linezolid, and daptomycin (4). Simor et al. (22)

530 found there was no significant difference in clinical outcomes of MRSA infections when
531 comparing vancomycin to other antimicrobial agents, namely teicoplanin, trimethoprim-
532 sulphamethoxazole, and linezolid. It raises significant concern that MRSA is becoming
533 increasingly drug resistant even to newer antimicrobial agents such as linezolid,
534 vancomycin, teicoplanin, and daptomycin (10). *S. aureus* has the unique ability to
535 respond to new antibiotics with the development of resistance mechanisms such as
536 decreased affinity for beta-lactam antibiotics via penicillin-binding protein 2a, decreased
537 affinity for vancomycin via a D-Ala-D-lac substitution in peptidoglycan formation, and
538 efflux pumps that work against fluoroquinolones and tetracyclines (18).

539 Metals have been used since antiquity as antimicrobials in medicine and
540 agriculture (11). The use of metals in healthcare settings is well known through metal-
541 impregnated dressings and antimicrobial metal nanoparticles (11). Metals such as silver
542 have gained attraction as a viable antimicrobial in the healthcare field with their use to
543 coat surgical tools, catheters, and furniture. Topical silver has broad-spectrum
544 antimicrobial activity that is used in wound dressings. Commercial products like
545 Silvazine showed inhibition against 200 tested *S. aureus*, staphylococci and *P.*
546 *aeruginosa* isolates (7).

547 Zn is an essential mineral involved in the catalytic activity of about 100 enzymes
548 in addition to playing roles in immune function, protein synthesis, DNA synthesis and cell
549 division (17). Mn is an essential trace mineral that plays a role in the development of
550 connective tissue and hormones, and is necessary for fat and carbohydrate metabolism,
551 blood sugar regulation, nerve function, and antioxidants (5). The objective of this study
552 was to evaluate the efficacy of Zn and Mn as potential antimicrobials against wounds

553 infected with MRSA. The specific objectives included establishing the SIC and MIC of Zn
554 and Mn against MRSA, determining the effect of Zn and Mn on increasing MRSA
555 sensitivity to oxacillin, and determining the effect of Zn and Mn on MRSA cell adhesion
556 and invasion onto human keratinocytes.

557

558 **MATERIALS AND METHODS**

559

560

561 **Bacterial Strains**

562

563 Three clinical strains of MRSA were used in this study (US 384, US 192, and US
564 194). All bacteriological media used in the study was purchased from Difco (Sparks, MD,
565 USA). For the preparation of inoculum, each strain was grown separately in 10 mL of
566 sterile tryptic soy broth (TSB) at 37°C for 24 hours. The cells were separated by
567 centrifugation (3,600 x g for 10 min at 4°C) and resuspended in phosphate buffered saline
568 (PBS, pH 7.2). Subsequently 0.1 mL from each strain was added to a tube of 9.9 mL of
569 PBS. The bacterial population in each culture was determined by serial dilution and
570 plating of 0.1 mL aliquots on tryptic soy agar (TSA) plates and incubating the plates at
571 37°C for 24 hours.

572

573 **Determination of Sub Inhibitory Concentration (SIC) and Minimum Inhibitory 574 Concentration (MIC)**

575

576 Mn and Zn were purchased from Sigma-Aldrich Chemical Co. (St. Louis, MO,
577 USA). Mn was in the form $MnCl_2$ and Zn was in the form $ZnSO_4$. The SIC and MIC of
578 Mn and Zn against each MRSA strain were determined as previously published (8).
579 Twenty-four well plates containing sterile TSB was separately inoculated with each strain

580 of MRSA (~ 4.5 log CFU/mL) with varying concentrations of each mineral. The plates
581 were then incubated at 37°C for 24 hours. After incubation each well was mixed
582 thoroughly, serially diluted, plated on TSA, and incubated at 37°C for 24 hours.
583 Duplicate samples were included for each treatment at each concentration for each strain,
584 and the whole study was replicated three times. The SIC was taken as the highest
585 concentration of Zn or Mn that did not inhibit MRSA after 24 hours of incubation. The
586 MIC of Zn or Mn that inhibited visible growth of the bacteria after 24 hours incubation
587 was taken as the MIC.

588
589
590
591

Effect of Mn and Zn on Increasing MRSA Sensitivity to Oxacillin

592 Methicillin is no longer commercially available in the United States and oxacillin
593 is more stable during storage (3). Therefore oxacillin was used as the antibiotic in this
594 study. Twenty-four well plates containing sterile TSB were inoculated with each strain of
595 MRSA (~4.5 log CFU/mL) followed by the addition of the break point concentration of
596 oxacillin against MRSA(4 µg/mL) in combination with MIC and SIC of each metal. The
597 plates were incubated at 37°C for 24 hours. After incubation each well was thoroughly
598 mixed, serially diluted, plated, and incubated at 37°C for 24 hours.

599

Keratinocyte Cell Culture

600
601
602

602 MRSA cell adhesion and invasion were determined by a previous protocol (9).
603 Human skin keratinocyte, HEK001 (ATCC CRL-2404) was obtained from the American
604 Culture Collection (Manassas, Virginia). HEK001 cells were grown in a 25 cm² cell
605 culture flask containing keratinocyte serum free (KSFM) supplemented with human

606 recombinant epidermal growth factor (Invitrogen, Carlsbad, CA, USA) at 37°C for 24-48
607 hours in an aerobic incubator containing 5% CO₂.

608

609 **Adhesion and Invasion Assay**

610

611 The effect of MIC of Zn and Mn on MRSA adhesion and invasion of HEK001

612 keratinocyte cells was determined as previously described (16). Twenty four-well tissue

613 culture plates (BD, Franklin Lakes, NJ) was seeded with 10⁵ cells/well, and incubated at

614 37°C for 24 hours in a 5% CO₂ incubator to form a monolayer. MRSA was grown to mid

615 log phase at 37°C, washed and re-suspended in KSFM with MIC of Zn and Mn. Bacteria

616 suspended in KSFM was used as control. Aliquots of 100 µL of the bacterial suspension

617 containing ~ 6 log CFU/ well (MOI 1:10) were inoculated in duplicates into the HEK001

618 monolayer, and incubated at 37°C in 5% CO₂ incubator for 2 hours. For adhesion assay,

619 the infected monolayer after incubation was washed three times with PBS, and the cells

620 were lysed using 0.1% Triton X-100 (Invitrogen, City, state). The number of viable

621 adhered bacteria was enumerated by serial dilution and culturing on TSA plates. For the

622 invasion assay, the HEK001 monolayer was washed three times with PBS, followed by

623 incubation for 2 hours in KSFM containing gentamicin (100 microgram/ml) (Invitrogen)

624 in order to kill the extracellular bacteria. Subsequently, the wells were washed three times

625 with PBS and the cells were lysed using 0.1% Triton X-100 to release the intracellular

626 bacteria. The number of invaded bacteria was enumerated by serial dilution in PBS and

627 culturing on TSA plates. Both adhesion and invasion assays were done in duplicates and

628 the experiment was repeated three times.

629

630

631

632 **Statistical Analysis**

633

634 All experiments were a completely randomized design. The data from
635 independent replicate trials of each experiment were averaged and analyzed using Proc
636 GENMOD, SAS 9.4 version (SAS Institute, Cary, NC) Variations among replicates were
637 used as the error term. Data was expressed as least squares means and differences were
638 considered significant at $P < 0.05$.

639

640

641 **RESULTS AND DISCUSSION**

642

643 The emergence of antibiotic resistance in pathogenic microorganisms, including
644 MRSA has triggered investigations to identify novel antimicrobials. In study, two
645 essential minerals, namely Zn and Mn were investigated for their potential to control
646 MRSA, especially for wound infections.

647 The SIC and MIC of Zn and Mn against MRSA were 0.4 mM and 2.5 mM, and
648 1.6 mM 4.7 mM, respectively. The effect of MIC and 2x MIC of Zn and Mn on
649 increasing MRSA sensitivity to oxacillin is depicted in **Fig. 1** and **2**. The 2x MIC was
650 used in lieu of comparing SIC and MIC of the metals because preliminary studies showed
651 SIC of both metals did not increase the sensitivity of MRSA to oxacillin. In control tubes,
652 all three strains grew to an average of 8.5 log CFU/mL. In the presence of breakpoint
653 concentration of oxacillin, as expected the MRSA strains being resistant to the antibiotic
654 grew by ~ 2 to 3 log CFU/mL. In addition, in the presence of the MIC of Zn and Mn,
655 bacterial count after 24 h did not change significantly from the inoculation of level of 4.5
656 log CFU/mL. However, when MRSA was grown in the presence of antibiotic and the
657 MIC or 2x MIC of Zn or Mn, its growth after 24 h was significantly decreased in

658 comparison to that in tubes containing oxacillin alone ($P < 0.05$). For example, the
659 MRSA counts recovered from tubes containing oxacillin and Zn or Mn were ~ 3 to 4 log
660 CFU/mL as against ~ 6 to 7log CFU/mL in samples containing only oxacillin. The trend
661 was observed in all three MRSA strains. Except in strain USA 384, there was no
662 difference in bacterial reductions between samples containing the MIC and 2x MIC Zn or
663 Mn with oxacillin

664 The effect of SIC and MIC of Zn and Mn on MRSA adhesion to human
665 keratinocytes is depicted in **Fig. 3** and **4**. Compared to control samples where ~ 6 to 7 log
666 CFU/mL of MRSA attached to the keratinocytes, the SIC of Zn brought about ~ 2.5 log
667 CFU/mL reduction in bacterial count across all three strains ($P < 0.05$). Similarly, the MIC
668 of Zn reduced the attachment of MRSA onto skin cells by 3.0 log CFU/ml in all three
669 strains ($P < 0.05$). Similar results were observed in the experiments with Mn, where the
670 SIC of Mn reduced the attached MRSA by about 2.4 log CFU/mL in all three strains. The
671 MIC of Mn on the other hand brought about a 3.0 log CFU/mL reduction in attached
672 bacterial.

673 The effect of SIC and MIC of Zn and Mn on MRSA invasion of human
674 keratinocytes is depicted in Fig. 5 and 6. In control wells with no Zn and Mn, ~ 4 to 4.5
675 log CFU/mL of MRSA attached the cells. However, the SIC and MIC of Zn decreased
676 the invaded bacteria by ~ 1.7 log CFU/mL 2.1 log CFU/mL, respectively. A similar
677 magnitude of reduction in the invaded MRSA counts was observed in Mn-treated cells.

678 The aforementioned results indicate that Zn and Mn were effective in increasing
679 the sensitivity of MRSA to oxacillin when the antibiotic was combined with the minerals.

680 In addition, it was found both minerals were effective in reducing MRSA attachment and
681 invasion of human keratinocytes.

682 Although the exact mechanism behind the anti-MRSA effect of Zn and Mn is not clear,
683 the proposed antimicrobial mechanisms of action of metals include creation of reactive
684 oxygen species, antioxidant depletion, oxidation of side chains leading to protein
685 dysfunction, interference with nutrient assimilation, and genotoxicity in microbes (11).

686 The recommended daily dietary allowance of Zn is 8 mg for females and 11 mg
687 for males with a tolerable upper intake level of 40 mg (17). The recommended daily
688 dietary allowance of Mn is 1.8 for females and 2.3 mg for males with a tolerable upper
689 intake level of 11 mg (14). Although the concentrations of minerals used in this
690 experiment are at or above oral intake levels, the route of intended application is topical
691 on wound infections rather than oral. To conclude, the results of this study indicate that
692 Zn and Mn have the potential to be used as effective and safe antimicrobials to combat
693 wound infections of MRSA. However, follow up studies in an *in vivo* a wound model are
694 necessary in addition to experiments for delineating the antimicrobial mechanisms of Zn
695 and Mn.

696

697 **CONCLUSION**

698

699 Results of this study indicate that Zn and Mn increased the sensitivity of MRSA
700 to oxacillin. In addition, Zn and Mn reduce the amount of bacteria that both adhere and
701 invade onto human keratinocytes. Therefore, these metals show potential as
702 antimicrobials used to combat wounds infected with MRSA.

703

References

704
705

- 706 1. Atmaca, Selahattin A, and Kadri Gul. (1998). "The Effect of Zinc on Microbial
707 Growth." *Journal of Medical Sciences* 28: 595-97.
- 708 2. Calfee, David P. (2011). "The Epidemiology, Treatment, and Prevention of
709 Transmission of Methicillin-Resistant Staphylococcus Aureus." *Journal of Infusion*
710 *Nursing* 34.6: 359-64.
- 711 3. "CDC - Laboratory Detection of Oxacillin/Methicillin-resistant Staphylococcus
712 Aureus." (2010). *Centers for Disease Control and Prevention*. Centers for Disease
713 Control and Prevention.
- 714 4. Drew, Richard H. (2007). "Emerging Options for Treatment of Invasive, Multidrug-
715 Resistant Staphylococcus Aureus Infections." *Pharmacotherapy* 27.2: 227-49.
- 716 5. Ehlich, Steven. "Manganese." *University of Maryland Medical Center*. University of
717 Maryland,
- 718 6. Engemann, John J., Yehuda Carmeli, Sara E. Cosgrove, Vance G. Fowler, Melissa Z.
719 Bronstein, Sharon L. Trivette, Jane P. Briggs, Daniel J. Sexton, and Keith S. Kaye.
720 (2003). "Adverse Clinical and Economic Outcomes Attributable to Methicillin Resistance
721 among Patients with Staphylococcus Aureus Surgical Site Infection." *Clinical Infectious*
722 *Diseases CLIN INFECT DIS* 36.5: 592-98.
- 723 7. George, N., J. Faoagali, and M. Muller. (1997). "Silvazine™ (silver Sulfadiazine and
724 Chlorhexidine) Activity against 200 Clinical Isolates." *Burns* 23.6: 493-95.
- 725 8. Johny, Anup Kollanoor, Thomas Hoagland, and Kumar Venkitanarayanan. (2010).
726 "Effect of Subinhibitory Concentrations of Plant-Derived Molecules in Increasing the
727 Sensitivity of Multidrug-Resistant Salmonella Enterica Serovar Typhimurium DT104 to
728 Antibiotics." *Foodborne Pathogens and Disease* 7.10: 1165-170.
- 729 9. Karumathil, Deepti Prasad. (2015). *Acinetobacter Baumannii: A Study on Prevalence,*
730 *Detection and Virulence*. Diss. U of Connecticut.

- 731 10. Kaur, Dardicharan, and Sadhanasanjay Chate. (2015). "Study of Antibiotic Resistance
732 Pattern in Methicillin Resistant Staphylococcus Aureus with Special Reference to Newer
733 Antibiotic." *Journal of Global Infectious Diseases J Global Infect Dis* 7.2: 78.
- 734 11. Lemire, Joseph A., Joe J. Harrison, and Raymond J. Turner. (2013). "Antimicrobial
735 Activity of Metals: Mechanisms, Molecular Targets and Applications." *Nature Reviews*
736 *Microbiology Nat Rev Micro* 11.6: 371-84.
- 737 12. Lowy, Franklin. (2016). "MRSA." *Methicillin-resistant Staphylococcus Aureus*
738 *(MRSA) in Adults: Treatment of Skin and Soft Tissue Infections*. Waltham, MA:
739 UpToDate.
- 740 13. Mcdevitt, Christopher A., Abiodun D. Ogunniyi, Eugene Valkov, Michael C.
741 Lawrence, Bostjan Kobe, Alastair G. Mcewan, and James C. Paton. (2011). "A Molecular
742 Mechanism for Bacterial Susceptibility to Zinc." *PLoS Pathog PLoS Pathogens* 7.11.
- 743 14. "Micronutrient Information Center." (2016). *Manganese*. Linus Pauling Institute.
- 744 15. "MRSA Tracking." (2014). *Centers for Disease Control and Prevention*. Centers for
745 Disease Control and Prevention.
- 746 16. Muthaiyan, Arunachalam, Debabrata Biswas, Philip Crandall, Brian J. Wilkinson,
747 and Steven C. Ricke. (2012) "Application of Orange Essential Oil as an
748 Antistaphylococcal Agent in a Dressing Model." *BMC Complementary and Alternative*
749 *Medicine BMC Complement Altern Med* 12.1:125.
- 750 17. "Office of Dietary Supplements - Zinc." *Zinc — Health Professional Fact Sheet*.
751 National Institute of Health.
- 752 18. Poulter, Neil, Matthew Donaldson, Geraldine Mulley, Luis Duque, Nicholas
753 Waterfield, Alex G. Shard, Steve Spencer, A. Tobias A. Jenkins, and Andrew L. Johnson.
754 (2011). "Plasma Deposited Metal Schiff-base Compounds as Antimicrobials." *New J.*
755 *Chem. New Journal of Chemistry* 35.7: 1477.

756 19. Rahman, S., Pinky Karim, Abu Asad Chowdhury, and Abul Hasnat. (2007). "Effect
757 of Manganese on the Activity of Antibiotic Against Microorganisms." *Dhaka Univ. J.*
758 *Pharm. Sci Dhaka University Journal of Pharmaceutical Sciences* 4.1.

759 20. Rasigade, Jean, Abdelmalek Moulay, Yannick Lhoste, Anne Tristan, Michele Bes,
760 François Vandenesch, Jerome Etienne, Gerard Lina, Frederic Laurent, and Oana
761 Dumitrescu. (2011). "Impact of Sub-inhibitory Antibiotics on Fibronectin-mediated Host
762 Cell Adhesion and Invasion by Staphylococcus Aureus." *BMC Microbiology BMC*
763 *Microbiol* 11.1: 263.

764 21. Rivera, Ana Maria, and Helen W. Boucher. (2011). "Current Concepts in
765 Antimicrobial Therapy Against Select Gram-Positive Organisms: Methicillin-
766 Resistant Staphylococcus Aureus, Penicillin-Resistant Pneumococci, and Vancomycin-
767 Resistant Enterococci." *Mayo Clinic Proceedings* 86.12 1230-243.

768 22. Simor, Andrew E., Mark Loeb, and The Cids/camm Guidelines Committee. (2004).
769 "The Management of Infection and Colonization Due to Methicillin-Resistant
770 Staphylococcus Aureus : A CIDS/CAMM Position Paper." *Canadian Journal of*
771 *Infectious Diseases* 15.1 39-48.

772 23. Xie, Y., Y. He, P. L. Irwin, T. Jin, and X. Shi. (2011). "Antibacterial Activity and
773 Mechanism of Action of Zinc Oxide Nanoparticles against Campylobacter
774 Jejuni." *Applied and Environmental Microbiology* 77.7: 2325-331. .
775
776
777
778
779
780
781

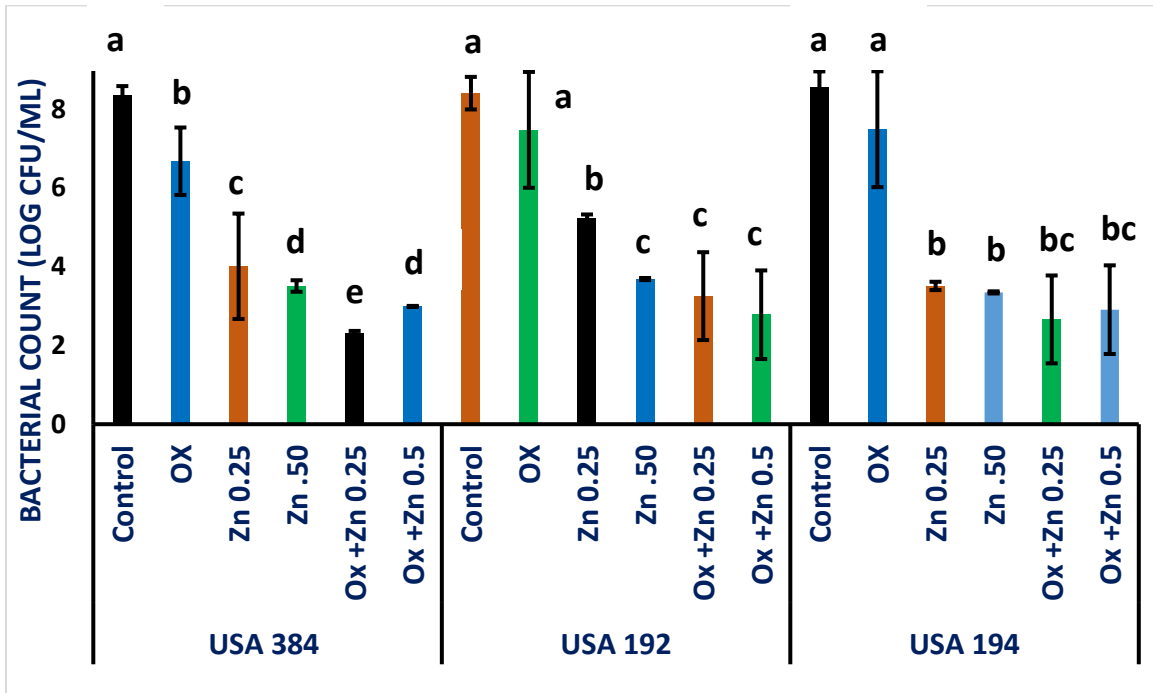
782

783

784

785 MRSA Sensitivity to Oxacillin Study

786



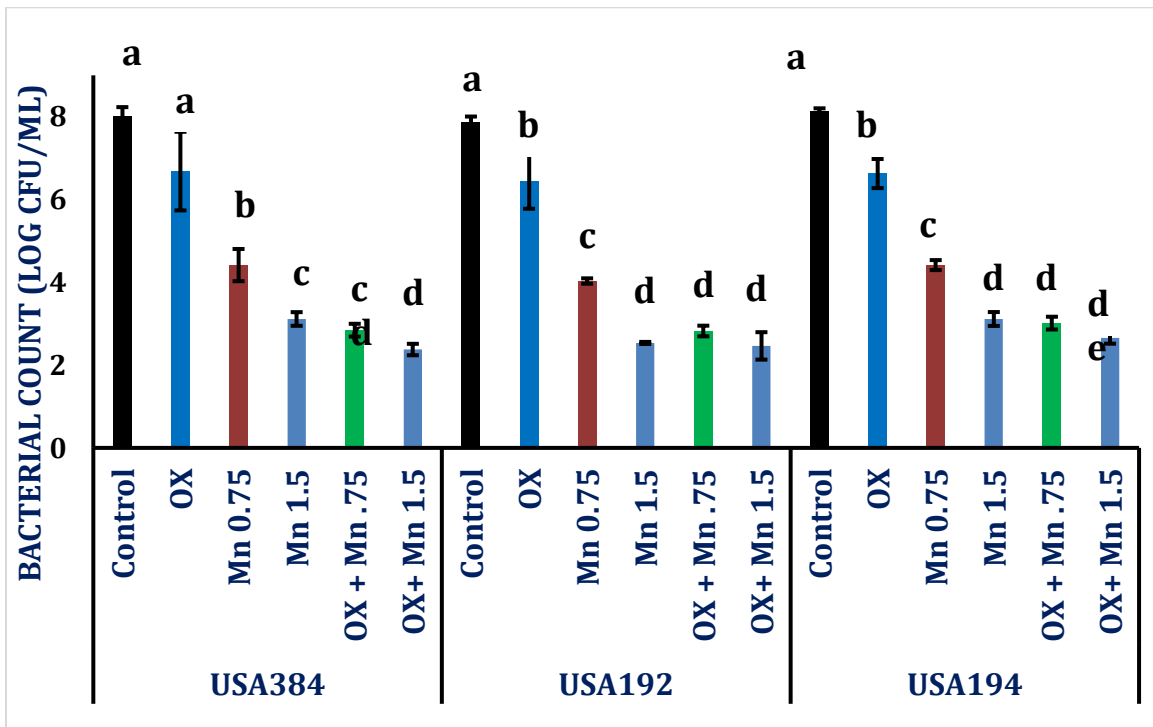
787

788

789

Figure 1 Effect of MIC and 2x MIC of Zn on increasing MRSA sensitivity to oxacillin in 3 strains. Bars with different letters are significantly different from each other (P<0.05)

790



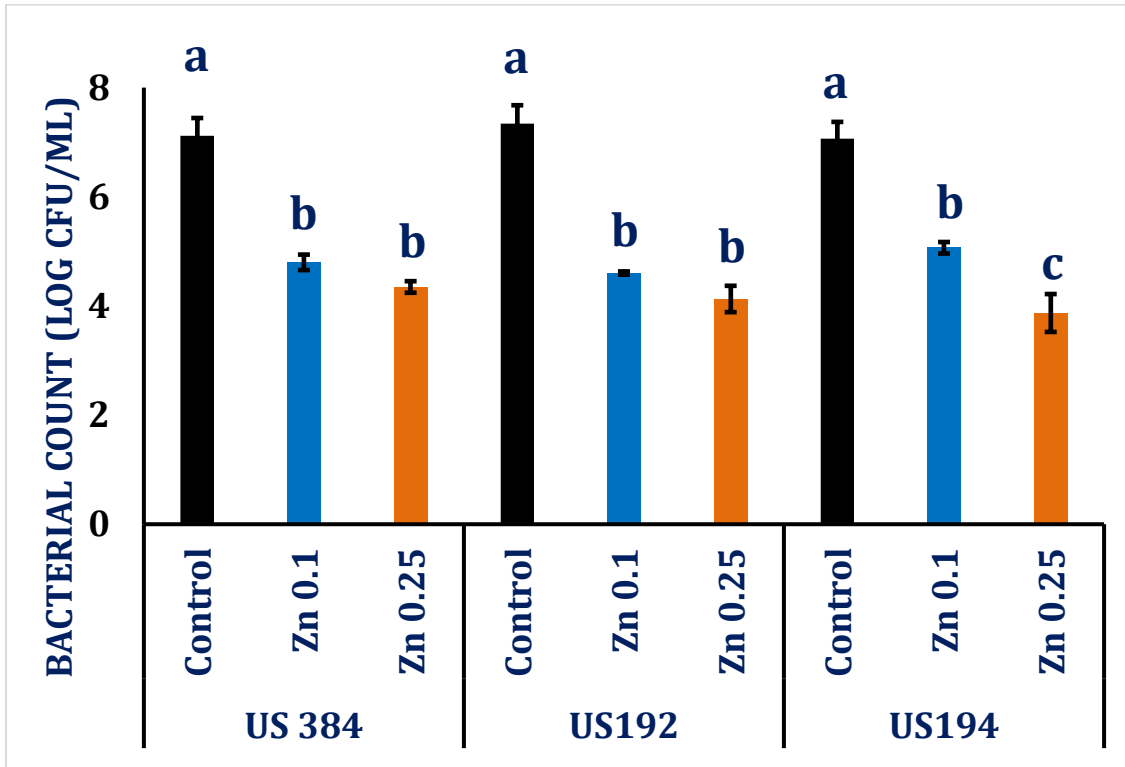
791

792

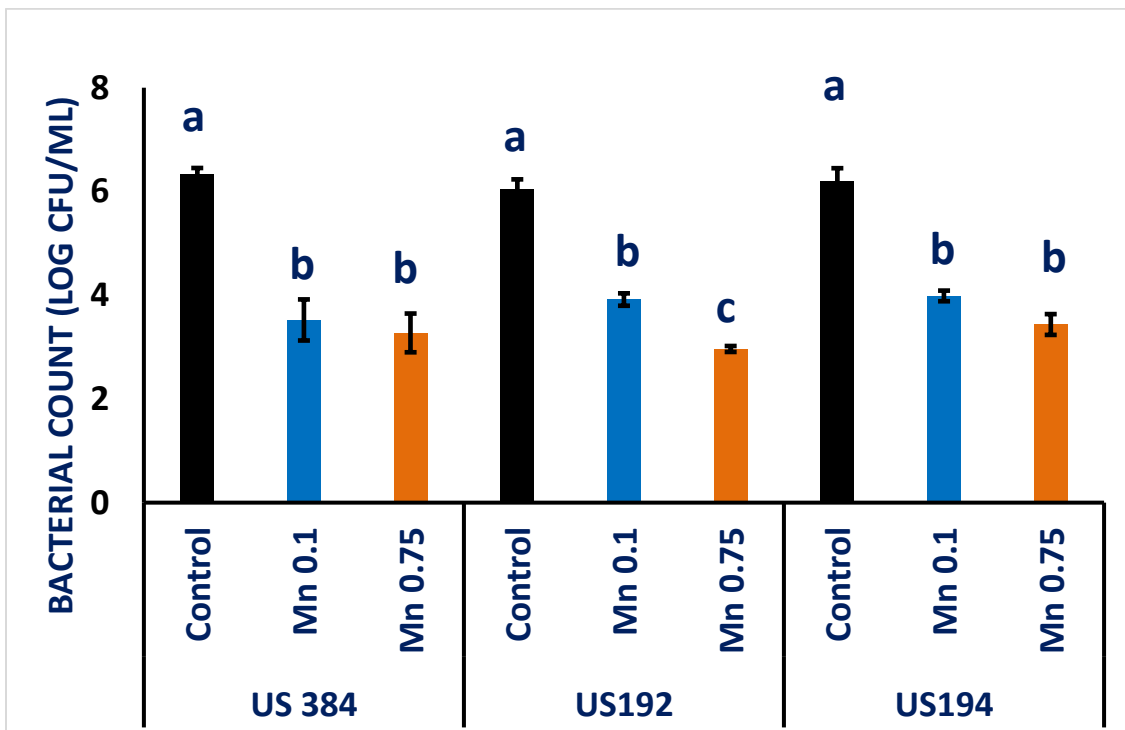
793

Figure 2 Effect of MIC and 2x MIC of Mn on increasing MRSA sensitivity to oxacillin in 3 strains. Bars with different letters are significantly different from each other (P<0.05)

794 MRSA Cell Adhesion onto Human Keratinocytes
 795

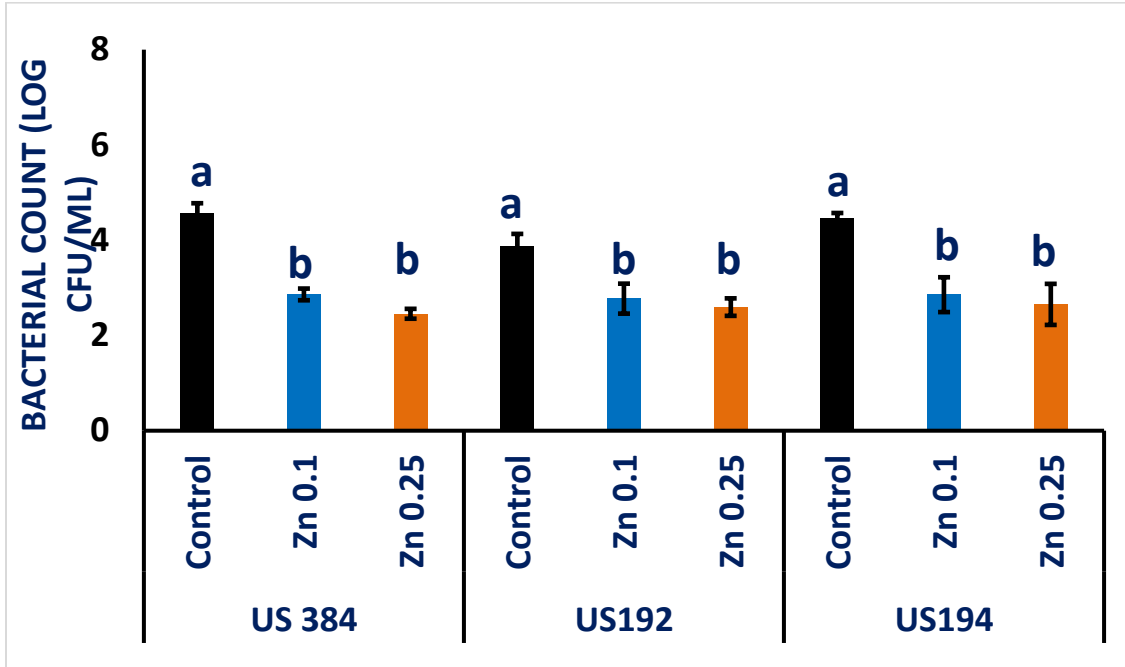


796
 797
 798 Figure 3: Effect of SIC and MIC of Zn on MRSA adhesion to human keratinocytes. Bars with different letters are significantly different from each other (P<0.05)

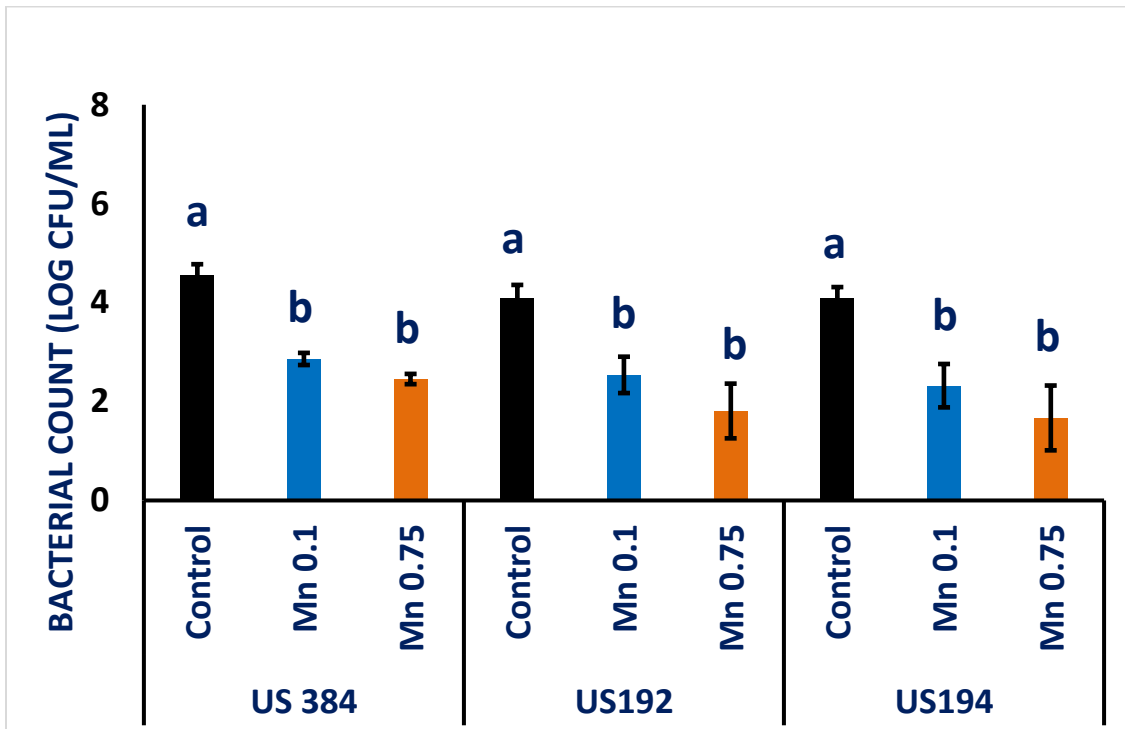


799
 800
 801 Figure 4: Effect of SIC and MIC of Mn on MRSA adhesion to human keratinocytes. Bars with different letters are significantly different from each other (P<0.05)

802 MRSA Cell Invasion onto Human Keratinocytes
 803



804
 805 Figure 5: Effect of SIC and MIC of Zn on MRSA invasion of human keratinocytes. Bars with different letters
 806 are significantly different from each other (P<0.05)



807
 808 Figure 6 Effect of SIC and MIC of Mn on MRSA invasion of human keratinocytes. Bars with different letters
 809 are significantly different from each other (P<0.05)

810
 811